



Change is Good

September 2004

If you're going through some kind of transition in your life, print out the quote:

"When all is breaking up, something new is breaking through,"

and keep it in front of you to remind you that a brighter day is just around the corner.

If you're faced with a challenge or life decision, ask for a miracle and then pay close attention to your life. If, over time, you still don't know what to do, ask a close friend, family member, or co-worker about a time when they experienced an event that felt like Divine intervention. You might just get the miracle you need from the person sitting next to you.

Good Luck

Angel Blessings

Julie and Steve

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From the Angels:

Your angels are standing by waiting for you to ask for their assistance. Don't worry that any request is too large or too small. If we can help, we will do so immediately and you will soon see results of our assistance."

Julie and Steve's Meditation CD's and Angel Essences can be bought from:

Bahrain - Julie and Steve, and Book Case (other outlets to be announced soon).

Dubai - Jack Montgomery, Tel - 00971504585860 Or
Elements Fuengshui AL KHALEEL CENTRE BUR DUBAI

Will soon be available in Greece, Kuwait, USA, Australia, UK

Angel Essences -

Bahrain - Julie and Steve

Dubai - Jack Montgomery Tel 00971 504585860 Elements Fuengshui AL KHALEEJ CENTRE BUR UBAI

Art & Picture Framing Lamcy Plaza, Ground Floor

Soon in Greece, Kuwait, at Stellarhouse, Saronida Athens.

Julie Lomas M.I.A.C.H.T.

Julie is a Usui Reiki Ryoho Master / Teacher, Angel Therapist, Crystal Healing Therapist, Physic Reader, Past Life Regressionist

Julie holds a Bachelor of Arts Degree in Education and is the founder member and Managing Director of Conscious Connections.

She is a member of the International Association of Crystal Healing Therapists and has been practicing and teaching these holistic therapies for 14 years.

She has been conducting regular International workshops and seminars on Reiki, Angel Therapy, Crystals, stress and relaxation in the Middle East Gulf Countries, USA, Greece, Europe, and UK for 12 years.

Her life focus is now to bring spiritual healing into the mainstream business world and helping people from all sectors of the world community to empower themselves.

Julie also writes for several magazines and publications

Steve Ritchie

Steve is a Usui Reiki Ryoho Master / Teacher / Practitioner, Angel Therapist and Crystal Therapist (in professional training). Steve holds an MBA in General Management and is Managing Director of Conscious Connections.

Steve spent over 25 years in international corporate business. His life focus now is on bringing spiritual healing into the mainstream business world, addressing areas such as personal confidence, leadership and stress management, through the use of meditation, chakra breathing, Reiki, Angelic Therapy and Crystal Healing.

Steve has been conducting Reiki, Angel Therapy, stress and relaxation workshops for several years.